



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiangangadharmahavidyalaya.ac.in](http://www.mugberiangangadharmahavidyalaya.ac.in)

## Report on Research Trends

&

## Methodology Lecture Session

Special Lecture Session

### Research Trends & Methodology

Collaboration with : IQAC, MGM

DATE 10.02.2023

ORGANISED BY

Mugberia Gangadhar Mahavidyalaya  
Bhupatinagar, 721425



CHIEF GUEST

Dr. Samiran Mondal

Professor

DPESS, Visva-Bharati, Santiniketan



LEAD SPEAKER

Dr. Nimai Chand Saha

Librarian, Central Library

Visva-Bharati, Santiniketan



INVITED SPEAKER

Dr. Anup De

Gold Medalist

PGGIPE, Ranipur, Habra, North 24 Parganas





# MUGBERIA GANGADHAR MAHAVIDYALAYA



ESTD.—1964

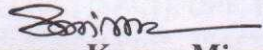
P. O. ---Bhupatinagar □ Dist.—Purba Medinipur

S. T. D. Code --- 03220 ① Ph. No. : 270236 Pin- 721425 (W. B.)

## Notice

All students & members of the staff of Mugberia Gangadhar Mahavidyalaya are informed that for the academic progression Department of Physical Education, Mugberia Gangadhar Mahavidyalaya is going to organized one day **Research Trends & Methodology Workshop** on 10<sup>th</sup> February 2023 at S.N.Bose Auditorium from 12.30 pm to 4.40pm. You are asked to attend the said programme.

Date: 01.02.2023

 01.02.2023  
(Dr. Swapan Kumar Misra.)  
Principal

Principal  
Mugberia Gangadhar Mahavidyalaya





## Report on Research Trends & Methodology

### Background of the Research Trends & Methodology Workshop:

Our college has four PG department and Master of Physical Education is one of them and to nurture the modern trends & methodology of research now it is in high demand to conduct the workshop to acknowledge the students and amend in that era. Therefore Department of Physical Education has organized the workshop on Research Trends & Methodology by hiring the three different aspect expert from Visva-Bharati University, Santiniketan, Birbhum, West Bengal.

**Date of Research Trends & Methodology Workshop:** 10<sup>th</sup> February 2023.

**Vanue:** S.N.Bose Auditorium.

### Organizing Committee of Research Trends & Methodology 2023

#### Advisory Committee :

Dr. Swapan Kumar Misra , Principal, MGM  
Dr. Debasish Ray, Professor & HOD, DPE,MGM  
Mr.Sk. Khabiruddin, Asst Prof., (SACT), DPE, MGM  
Dr. Bodhisattwa Pradhan, Asst Prof., (SACT), DPE, MGM  
Mr. Arup Mahata, Asst Prof., (SACT), DPE, MGM  
Mrs. Sudipta Das, Asst Prof., (SACT), DPE, MGM  
Dr. Adityanarayana Adak, Asst Prof., (SACT), DPE, MGM  
Dr. Mimu Seikh, Asst Prof., (SACT),DPE, MGM  
Mr. Biswajit Dhali, Asst Prof., (SACT), DPE, MGM  
Mr. Arnab Barman,Asst, Prof., DPE, MGM  
Dr. Mrityunjay Biswas, Asst Prof., DPE, MGM  
Miss. Moumita Sen, Asst Prof., DPE, MGM  
Dr. Anjan Konai, Asst Proff., DPE, MGM

#### Program Convener:

Dr. Debasish Ray, Professor & HOD, DPE,MGM

#### Program Joint Convener:

Sk. Khabiruddin, Asst Prof., (SACT), DPE, MGM

Dr. Bodhisattwa Pradhan, Asst Prof., (SACT), DPE, MGM

**Organized for :** The Research Trends & Methodology organized for M.P.Ed. students.

**Organized by:** Department of Physical Education, MGM, Bhupatinagar, Purbamedinipur, West



Bengal, Pin-721425.

**Collaboration with:** Internal Quality Assurance Cell, MGM, Bhupatinagar, Purbamedinipur,  
West Bengal, Pin-721425.

**Chief Guest :** Professor. Samiran Mondal, Department of Physical Education & Sport  
Science, Vinaya-Bhavana, Visva-Bharati, Santiniketan, West Bengal,  
Pin-731235

**Chief Guest Delivered his Speech on :** Research Trends of Exercise and sport Science in India

**Lead Speaker :** Dr. Nimai Chand Saha, Librarian, Central Library, Visva-Bharati, Santiniketan,  
West Bengal, Pin-731235

**Lead Speaker Delivered his Speech on :** Ethics in Current Research and Publications : Ways  
and Means

**Invited Lecturer :** Dr. Anup De, Former PhD Scholar, NET with JRF, Department of Physical  
Education & Sport Science, Vinaya-Bhavana, Visva-Bharati, Santiniketan,  
West Bengal, Pin-731235

**Invited Lecturer Delivered his Speech on :**

“Modern Tools and Techniques in Scientific Research”

**Outcome of Research Trends & Methodology Workshop as follows-**

- ❖ The workshop provided the knowledge on research trends of exercise and sport science in India.
- ❖ Understand the limitations of particular research methods.
- ❖ Develop skills in qualitative and quantitative data analysis and presentation. Develop advanced critical thinking skills.





- ❖ Understand some basic concepts of research and its methodologies.
- ❖ Identify appropriate research topics.
- ❖ Select and define appropriate research problem and parameter.
- ❖ Prepare a project proposal with APA format along with software application.
- ❖ Organize and conduct research (advanced project) in a more appropriate manner.
- ❖ Write a research report and thesis.
- ❖ Write a paper and published in UGC care listed journals.
- ❖ Understand the modern tools and techniques in scientific research.
- ❖ Get a clear concept about ethics in current research and publications.

#### Photo Gallery of the Research Trends & Methodology



**Figure 1: Introduction of the members of Guest.**







Figure 2: Inauguration Speech by Dr. B. Samanta, HOD, Dept. of Chemistry



Figure 3: Chief Guest Prof. Samiran Mondal delivered his speech.







Figure 3: Lead Speaker Dr. Nimai Chand Saha delivered his speech.

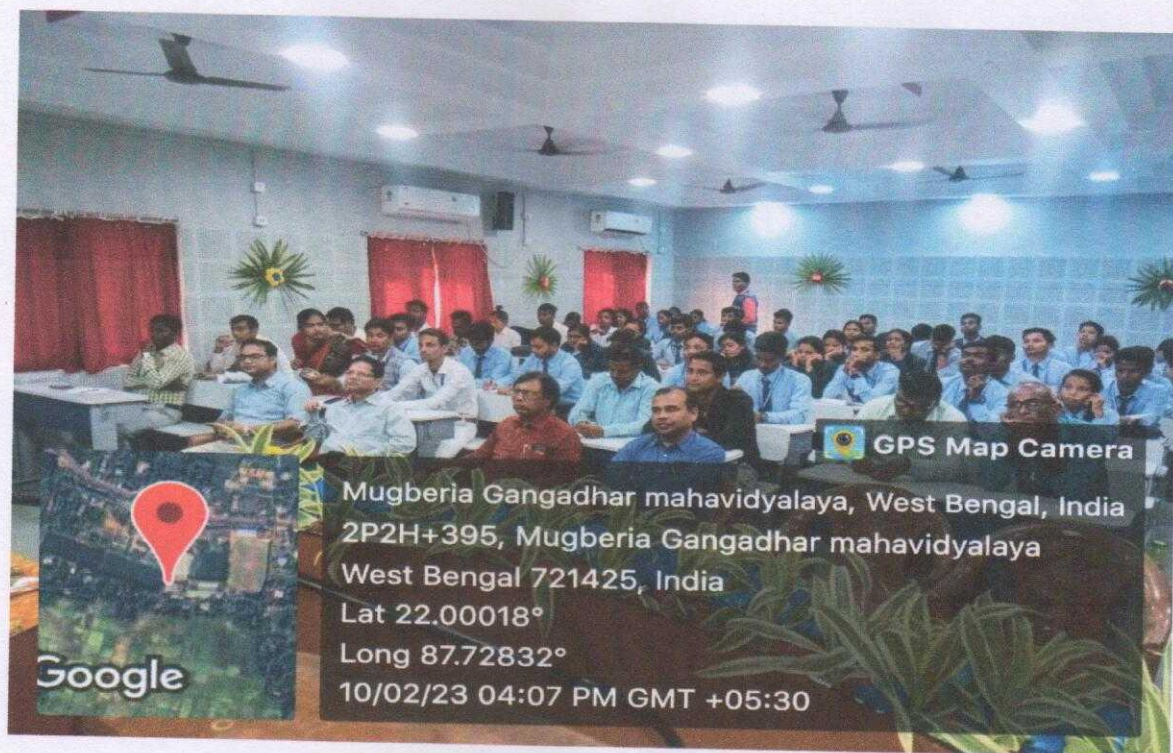


Figure 4: MPed. Students of MGM & PB College along with the Members of Staff of MGM





# Attendance Record : Sheet-1

Workshop on Research Trends  
and Methodology Date: 10/02/2023

10/02/2023

collaboration with IQAC, MGM  
Organised by : Department of Physical Education  
Angara Gangadhar Mahavidyalaya, Bhadrakumar  
Arbo Medinipur, West Bengal, Pin- 721425

## List of Participants

Sl. No	Full Name	Institute	Phone No.
1)	Subendu Sunkar.	MGM M.PED-1	7602715713
27	Bijoy Sankar	M.G.M - M.P.Ed-1	7851067754
3)	Supriya Sarkhel.	M.G.M - M.P.Ed-1	9883509298
4.	Subhankami Das	M.G.M - M.P.Ed-1	9635333566
5.	Sukanta Khadua.	M.G.M - M.P.Ed-4th	8842791085
6	Puspakaj Tamang	MGM - M.P.Ed-4th	8418991236
7	Kalyan Soren	MGM - M.P.Ed-1st sem	7707395712
8.	Indranil Parua.	MGM - M.P.Ed-1st sem	8677267759
9.	Puja Sarkar	M.G.M - M.P.Ed-1st sem	8509925863
10.	Nitai Ghoshai	M.G.M. M.PED-1st sem	7718351419
11.	Sampad Talukdar	M.G.M. M.P.Ed-1st	6296100536
12.	Samim Akter	M.G.M. M.P.Ed-1st	9433114892
13.	Amit Giri	M.G.M. M.P.Ed-1st sem	7319479963
14.	Tammy Ghosh.	do - M.P.Ed-1st sem	8918770491
15.	Kingshuk Dutta	" - M.P.Ed-1st sem	8967028476
16.	Goutam Pan	do - M.P.Ed-1st sem	9647308132
17.	Susanta Hansda	do - M.P.Ed-1st sem	8327625117
18.	Subha Mani	M.G.M. M.P.Ed. 4th Sem	9002449057
19.	Mada Hembrom	M.G.M. M.P.Ed-1st sem	7001079818
20.	Usha Gurung	M.P.Ed. 3rd sem (M.G.M)	8016049471
21.	Sharmista Barman	M.G.M. M.P.Ed 4th Sem	7819585729
22.	Sumi Soren	M.G.M. M.P.Ed 4th sem	8016518451
23.	Grimalti Hembrom	M.G.M. M.P.Ed-4th sem	9547645396
24.	Amit Sarkar	M.G.M - M.P.ED-1st sem	7797255586
25.	Kabita Nuwmei	m.G.M - M.P.ED-3rd Sem	74049312951
26.	Susanta Hembrom	M.G.M - M.P.ED-3rd Sem	7449854262
27.	Nagen Hembrom	M.G.M - M.P.ED-3rd Sem	7908966129
28.	Dipak Giri	M.G.M. M.P.ED-1st Sem	7551010542





# Attendance Record : Sheet-2

Sl. No	Full Name	Institute	Phone No	Sl. No
29.	Sovan Das	M.P.Ed - M.G.M. 1st sem	9131610365	63.
30.	Shilpi Baiswas	M.G.M - M.P.Ed - 1st sem	7908034361	64.
31.	Moyhee Roy	M.G.M - M.P.Ed - 1st sem	7319345389	65.
32.	Debkanta Samanta	M.G.M - M.P.Ed - 1st sem	8001682349	66.
33.	Rubi Mahata	M.G.M - M.P.Ed - 1st sem	8617436775	67.
34.	Prabin Bera	M.G.M - M.P.Ed - 1st sem	8670572469	68.
35.	Kalyani Das	M.G.M - M.P.Ed - 1st sem	8116808864	69.
36.	Rijanka Das	M.G.M - M.P.Ed 1st sem	7586939014	70.
37.	Kapramani Tudu	M.G.M. MPED 1st sem	9883681698	71.
38.	Souronda Bera	M.G.M. MPED 1st sem	9547557978	72.
39.	Paramita Mondal	M.G.M MPED 1st sem	6211969270	73.
40.	Sonal Maiti	M.G.M MPED 1st sem	861571874	74.
41.	Punam Basumata	M.G.M MPED 1st sem	8670814599	75.
42.	Amiya Giri	M.G.M MPED 1st sem	9547980381	76.
43.	Sucheta Saha	M.G.M M.P.Ed 4th sem	7029784619	77.
44.	Ramani Murta	M.G.M M.P.Ed 4th sem	8170096206	78.
45.	Biktu Mishra	M.G.M - M.P.Ed 4th sem	8159007963	79.
46.	Rajesh Patra	M.G.M + M.P.Ed 4th sem	9800869792	80.
47.	Sourav Maiti	P.B.C - M.P.Ed 4th sem	7021347170	81.
48.	Noron Saha	P.B.C - M.P.Ed 4th sem	6909555708	82.
49.	Subarna Samanta	P.B.C - MPED 4th sem	7076801428	83.
50.	Ganesh Panda	P.B.C - MPED 4th sem	7585973724	84.
51.	Harekrishna Par	P.B.C - MPED 4th sem	2547146435	85.
52.	Dr. Anjan Konar	Teacher (MGM)	9933860203	86.
53.	Munir Saha	Staff DPE MGM	9614277877	87.
54.	Bodhi Saha	Teacher (MGM)	9874322715	88.
55.	Anup Mahata	Teacher (MGM)	7872883802	89.
56.	Asitranayana Adak	Teacher (MGM)	9477013234	90.
57.	Ananda Bera	Librarian (MGM)	8013432251	91.
58.	Sourabh Kumar Sasmal	Librarian, MGM	9547957444	92.
59.	Bidhan Ch. Samanta	ASST. Prof. Chemistry MGM	9732752907	93.
60.	Prasanta Ghosh	ASST. Prof. of History 2 JGAC	9434417849	94.
61.	Debanish Ghosh	Prof. 2 P.E.	9475887960	95.
62.	Anul Be	Visra - Bharati	9933310813	96.





### Attendance Sheet-3

Sl No	Full Name	Institute	Phone No
63.	Syed Subbir Mia	B.P.Ed 1st Sem (M.G.M)	8967829145
64.	Md. Asizul Rokman	B.P.Ed. 1st Sem (M.G.M)	8768292070
65.	Riddhita Roy	B.P.Ed. 1st Sem (M.G.M)	8372857760
66.	Eubhashri Mondal	B.P.Ed. 1st Sem (M.G.M)	9932994388
67.	Sourav Dutta	M.P.Ed 4th Sem (M.G.M)	8918164917
68.	Nibedita Dey	B.P.Ed 1st Semester (M.G.M)	7950299996
69.	Somnath Pahari	B.P.Ed 1st Semester (M.G.M)	8317881450
70.	Sulko Roy	B.P.Ed 1st Sem (M.G.M)	8918351540
71.	Dibendu Dutta	M.P.Ed 1st Sem (M.G.M)	7479110780
72.	Rakhi Roy	M.P.Ed 1st Sem (M.G.M)	7908990162
73.	Susmita Sengupta	M.P.Ed 1st Sem (M.G.M)	9875626094
74.	Saikat Samanta	M.P.Ed 1st Sem (M.G.M)	7001280093
75.	Lipa Roy	M.P.Ed 1st Sem (M.G.M)	7029641310
76.	Kajon Roy	M.P.Ed 1st Sem. (M.G.M)	9547966906
77.	Sanjay Sankar	M.P.Ed 1st Sem. (M.G.M)	9775425380
78.	Puja Mondal	M.P.Ed 1st Sem. (M.G.M)	7076248985
<u>List of Expert and Teacher</u>			
Sl No	Full Name	Institution	Phone No.
1.	Sanjivan Mondal	Vinva-Bharati, West Bengal	9434220938
2.	Nirmal Chandra Saha	Vinva-Bharati, W.B	9439546031
3.	Anil De	Vinva-Bharati, W.B	9933310813
4.	Debanish Roy	Dept of Phys. Edu. M.G.M	9475887960
5.	Ananda Borui	Librarian, M.G.M.	8013432251
6.	Bodhi Satiwa Pradhan	Teacher, M.G.M.	9874322715
7.	Minu Seikh.	Teacher, M.G.M	9614277877
8.	Dr. Kripinadevi	Teacher, M.G.M	9476148418
9.	Abinavraj Adak.	Teacher, M.G.M	9477013234
10.	Swapnil Kumar Mishra	Principal	9002275816
11.	Sandip De	Teacher PBC	9474019774
12.	Dr. Biswajit Goren	Assistant Prof. of M.G.M.	9475671808
13.	Dr. Anjan Konai	Asst. Prof. of M.G.M	9933860203



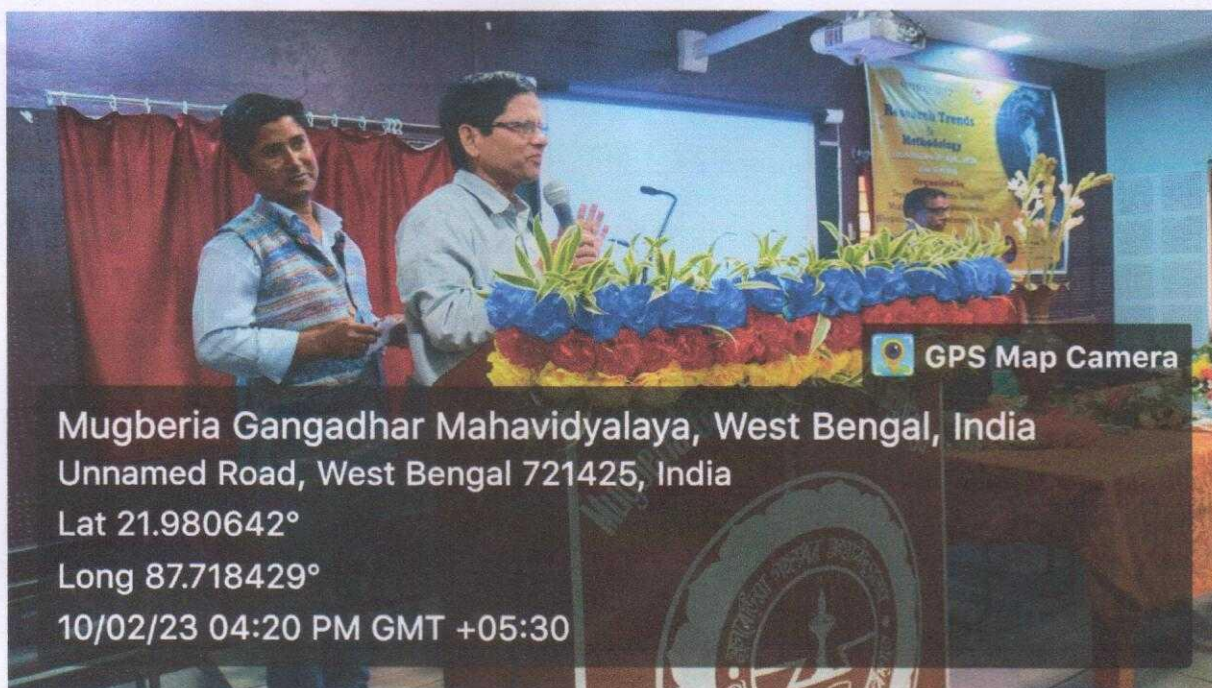


Figure 6: Dr. S.K.Misra, Principal, MGM, Delivered his feedback of the Workshop.

*S.K. Misra*  
18-02-23  
**Dr. S.K.Misra**  
Principal, MGM  
*Principal*  
Mugberia Gangadhar Mahavidyalaya

*D. Ray*  
**Dr. D.Ray**  
HOD, DPE, MGM  
**HEAD**  
Department of Physical Education  
Mugberia Gangadhar  
Mahavidyalaya  
Bhupatinagar, Purba Medinipur

*Sk. Khabiruddin*  
**Sk. Khabiruddin**  
SACT, DPE, MGM

